

New Week, New Focus !! 🔥

Who's ready to jumpstart towards their goals?  
5 Spots left in our 3 Day Jumpstart starting next Monday !

✨ Looking to boost your energy and metabolism ?!

✨ Lacking the motivation to get on track?

✨ Need to learn better eating habits ?

✨ Join from anywhere 🇺🇸!

Comment or shoot me a message to get in !

WHAT YOU RECEIVE:

✨ Coaching for 3 days !

✨ Daily Nutrition Plan !

✨ 6 meal replacement shakes and 6 energizing teas !

✨ Snack Lists !

✨ Group Support !

✨ Chance to earn prizes!


Hey \_\_\_!

Glad you're interested in our 3-Day Jumpstart! Here is the information. Let me know if you have any questions!

Details:

- ★ Registration is open now through Friday
- ★ Challenge begins June 1st
- ★ \$6 Entry fee plus Trial Pack Purchase (\$20)

You Get 

- ★ One on One Coaching
- ★ Group Support
- ★ Meal Plan  For Solid Results
- ★ Opportunity to Win Cash Prizes

How to Get Started:

- 1) Register at [aspire2change.com](https://aspire2change.com) (make sure to select me as your coach 😊)
- 2) Message me to let me know you've registered, and I'll get your 3 Day Trial Pack on the way!

Please let me know if you have any questions!